PROMOTING INDEPENDENT LIVING TASK GROUP – 11 FEBRUARY 2015

The first meeting of the Promoting Independent Living Task Group will be held at 5.30pm on Wednesday 11 February 2015 in Committee Room 1 at the Town Hall, Rugby.

Adam Norburn
Executive Director

AGENDA

PART 1 – PUBLIC BUSINESS

1. Appointment of Chairman – to appoint a Chairman of the Task Group for the 2014/15 municipal year

2. Apologies – to receive apologies for absence from the meeting

3. Declarations of Interest

To receive declarations of:

(a) non-pecuniary interests as defined by the Council’s Code of Conduct for Councillors;

(b) pecuniary interests as defined by the Council’s Code of Conduct for Councillors; and

(c) notice under Section 106 Local Government Finance Act 1992 – non-payment of Community Charge or Council Tax.

Note: Members are reminded that they should declare the existence and nature of their interests at the commencement of the meeting (or as soon as the interest becomes apparent). If that interest is a pecuniary interest the Member must withdraw from the room unless one of the exceptions applies.

Membership of Warwickshire County Council or any Parish Council is classed as a non-pecuniary interest under the Code of Conduct. A Member does not need to declare this interest unless the Member chooses to speak on a matter relating to their membership. If the Member does not wish to speak on the matter, the Member may still vote on the matter without making a declaration.
4. Introductory presentation/background information
5. Review of the one page strategy
6. Work programme
7. Dates of future meetings – please bring your diaries to the meeting

**PART 2 – EXEMPT INFORMATION**

There is no business involving exempt information.

Membership of the Task Group:

Councillors H Avis, Ms Edwards, Mrs Garcia, Mrs New and Mrs Roodhouse

*If you have any general queries with regard to this agenda please contact Veronika Beckova, Democratic and Scrutiny Services Officer (01788 533523 or e-mail veronika.beckova@rugby.gov.uk). Any specific queries concerning reports should be directed to the listed contact officer. If you wish to attend the meeting and have any special requirements for access please contact the Democratic and Scrutiny Services Officer named above.*
Promoting Independent Living Task Group Review

11 February 2015

Introductory Briefing Paper

1. Introduction

Promoting independent living was proposed as a potential scrutiny review topic for consideration at the work programme workshop in March 2014 by the Leadership and Operations Team.

The rationale for the topic was that the Council has a corporate priority to support independent and healthy living, but no agreed strategy for the achievement of this priority. It was recognised that the Council has an important role to play in support of the Warwickshire Health and Wellbeing Strategy, which includes independent living and healthy lifestyles in its objectives. Members agreed that a review on this theme would therefore be of value.

The one page strategy for the review was agreed by Customer and Partnerships Committee in September 2014. It focuses specifically on support for independent and healthy living for older people and people with disabilities.

2. Purpose of the meeting

Apart from the election of the chairman, the key tasks for this first meeting of the task group will be to:

- receive an introductory briefing from officers providing key background information;
- review the one-page strategy in the light of what is learnt from the briefing and presentation; and
- agree a provisional programme of work for the task group.

The aim of this first meeting is to set the scene for task group members and provide a clear understanding of the policy context. At the meeting members will be briefed by officers on:

- the Council’s Corporate Strategy and activities which support the promotion of independent living;
- Warwickshire’s Health and Wellbeing Strategy and Joint Strategic Needs Assessment; and
- the national policy context for service integration and local implementation of the Better Care Fund.

This briefing paper provides background information for prior consideration by task group members.
3. Policy context

3.1 Rugby Borough Council Corporate Strategy

Rugby Borough Council does not have any statutory duties in relation to public health. However, one of the stated outcomes sought in the council’s corporate strategy for 2012-2016 is “improved health and wellbeing for all age groups and communities.” One of the council’s corporate priorities in pursuit of this is “to provide leisure facilities and support independent and healthy living”.

The corporate strategy is implemented through the annual Corporate Change and Improvement Plan and attached at appendix 1 are details of all of the actions within the current year's plan that relate to this corporate priority. This includes actions relating to affordable warmth, increasing participation in sports and recreation activities and improving access to the arts.

Beyond the corporate strategy, it is clear that much is already being done by the council to promote independent living and the council is able to influence this agenda, for example, through its housing, planning and sports and leisure provisions. However, there is no clear corporate agreement about this council’s role, nor is there a common approach and shared understanding with other statutory, private and voluntary sector partners about respective contributions. The disparate nature of the actions under this corporate priority within the Corporate Change and Improvement Plan, lends weight to this assertion.

3.2 Health and Wellbeing Strategy

The Warwickshire Health and Wellbeing Board (HWBB) is a body tasked with the improvement of the health and wellbeing of the population. It is required by Government to produce a formal strategy outlining how it will achieve these improvements. An interim Health and Wellbeing Strategy has been developed and includes evidence-based measures that all Warwickshire’s major statutory and independent sector bodies can adopt in order to improve the wellbeing of residents. Rugby Borough Council has a role to play in contributing to this strategy.

The first principle articulated in the strategy is an intention to “enable people to remain independent and well for as long as possible, wherever possible and in a place of their choosing.” The strategy centres around a ‘Life Course approach’, which attempts to chart a path forward to a better, healthier and more independent life for all Warwickshire residents. The three aspects of that path to improved health and wellbeing are:

- Mobilising communities to develop and sustain their independence, health and wellbeing
- Improving access to services, including 24/7 access to care
- Public agencies – working together

The strategy explains, specifically, that one of the aims in ‘mobilising communities’ is to “support independent living and enable all Warwickshire residents to enjoy the best possible mental health, have a good quality of life and a greater ability to manage their own lives in community settings”. Similarly, there is reference under ‘improving access to services’ to “developing alternative models for out of hours services which better meet the needs of the population and fit with models of independence and wellbeing that we see as
the basis for a sustainable health care system”. The important role of good housing in supporting health and wellbeing is recognised under ‘public agencies – working together’.

The Health and Wellbeing Board has developed a performance framework against which to assess progress in delivering its strategy. This is attached at appendix 2 for reference, and includes a ‘dashboard of outcomes’ which indicates some of the priority outcomes sought at a county level, including support for dementia patients, independence of those with learning disabilities and those using social care, and reductions in admissions to residential and nursing homes.

DistRICTS and BOROUGHS within Warwickshire all have a seat on the Warwickshire Health and Wellbeing Board and have been invited to provide updates to the Board on how the priorities of the Strategy are being implemented locally.

### 3.3 Joint Strategic Needs Assessment (JSNA)

The purpose of the JSNA is to analyse the current and future health and wellbeing needs of the local population, to inform the commissioning of health, wellbeing and social care services. The JSNA aims to establish a shared, evidence-based consensus on the key local priorities across health and social care and is used to develop Warwickshire’s Health and Wellbeing Strategy, Commissioning Plans for the Clinical Commissioning Groups (CCGs) and Transformation Plans for the local Health Economy.

The JSNA is updated annually and there is a programme of work with specific research projects focused on particular themes, including:

- learning disabilities
- impact of austerity project
- delaying parenthood in looked after children
- helping vulnerable children
- gypsies and travellers
- veterans
- special educational needs and disability (SEND)

The JSNA is used by this Council to inform its housing needs assessments.

### 3.4 Better Care Fund

The Better Care Fund is a national Government programme that has identified £3.8bn of existing NHS and local authority funding to be pooled to promote joint working and transform services for older people. This is driving service integration to provide “the right services at the right time and in the right place” to enable people to remain healthy and independent.

In Warwickshire, this equates to £36m which results from a shift of resourcing from hospital care to care in people’s homes and will be used to roll out the programme, locally known as Warwickshire Cares: Better Together. A plan, outlining how Warwickshire’s Better Care Fund resources will be used to improve outcomes for people, has been approved by the county’s health and social care governing bodies and also by a national quality assurance team.
Warwickshire Cares: Better Together aims to improve people’s experience of health and social care services and create new ways for services to work together to meet needs now and in the future. It brings together Warwickshire County Council, Clinical Commissioning Groups, Public Health and Housing to work together to deliver services that wrap around individuals. A key theme is to help people stay well and be supported in their own homes and communities for longer.

4. Next steps

Following this initial briefing, the task group needs to review its one page strategy to confirm that it remains relevant and achievable. On the basis of this, the task group will need to draw up a programme of work to deliver the intended outcomes for the review.

It is suggested that, at the next meeting, the task group could receive briefings from lead officers about the contributions of their services to promoting independent living, to include current actions, future plans, and potential areas for development given allocated resources. The services suggested are:

- Housing
- Planning
- Sports and recreation
- Parks

Members are asked to confirm this focus for the next meeting and to consider the future work programme of the task group to achieve the aims of the one page strategy:

1. Establish what the council does already and plans to do to support the objective of promoting independent living, and develop an understanding of the council’s contribution within the wider context.
2. Identify any gaps that the council could reasonably fill, either on its own or by working with partners.
3. Develop a strategic corporate approach to promoting independent living, with clarity about the outcomes the council aims to achieve and the relative priority to be given to this aim at the borough level.

Debbie Dawson
Scrutiny Officer
February 2015
### Summary report for Corporate Objective

Provide leisure facilities and support independent and healthy living  
**Generated on:** 04 February 2015

Rows are sorted by Code

<table>
<thead>
<tr>
<th>Responsible OU</th>
<th>Action Title</th>
<th>Due Date</th>
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<tbody>
<tr>
<td>Customer and Information Services</td>
<td>Enable Rugby's rural communities to access the Arts during 2013-15</td>
<td>31-Mar-2016</td>
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<td>Enable Rugby and its rural communities to access the Arts</td>
<td>31-Mar-2015</td>
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<td>Environmental Services</td>
<td>Refurbishment of Alwyn Road play area</td>
<td>31-Jan-2015</td>
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<td>Play area refurbishment - Hollowell Way</td>
<td>31-Dec-2015</td>
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<td>Housing</td>
<td>Revise our approach to affordable warmth in the borough’s homes</td>
<td>31-Mar-2015</td>
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<td>Action Title</td>
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<tr>
<td>Produce a New Play Strategy</td>
<td>31-Mar-2013</td>
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<td>Annual review and Update Risk Management of Play Spaces</td>
<td>31-Mar-2016</td>
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<td>Guidance Notes and toolkit</td>
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<td>Increase participation in sport and recreation</td>
<td>15-Aug-2013</td>
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<td>Attract high-profile events to the QDJC and run two events per year</td>
<td>30-Mar-2015</td>
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<td>Management of the Benn Hall</td>
<td>31-Mar-2016</td>
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<td>Revision of sports strategies</td>
<td>31-Mar-2016</td>
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<td>Monitor CONTRACT at Queens Diamond Jubilee centre</td>
<td>31-Mar-2017</td>
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<td>Sports facility planning</td>
<td>31-Mar-2017</td>
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<tr>
<td>Refurbishment of Caldecott Park tennis courts</td>
<td>31-Mar-2016</td>
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Introduction

A Health and Wellbeing Strategy for Warwickshire was formally approved by the Health and Wellbeing Board on 19 March 2013. In order to assess the impact of the strategy and achievement of our outcomes and priorities, a performance and outcomes framework for the strategy has been developed.

An overview of the framework

The performance framework now comprises of four elements:

I. **Dashboard of outcomes and indicators (page 3)**
   
   The dashboard contains key priorities and outcomes to be reported on to the Health and Wellbeing Board by partners, who have the responsibility to develop and deliver specific plans, including:

   - Commissioning intentions and plans
   - Integration plans
   - Other specific strategies and projects.

   The dashboard will be used to measure the impact of the Health and Wellbeing Strategy and will include specific performance indicators from the following national outcomes frameworks: Public Health, Social Care and NHS. Other appropriate quality measures will be identified in cooperation with Healthwatch Warwickshire and Commissioners and will be included in the dashboard at a later stage.

II. **Reporting**

   The Board will receive 6 monthly summary reports on progress consolidating data from partners against each of the outcomes. Only significant issues and risks will be escalated to the Board at any time by exception.

III. **Themed discussions**

   Priority-themed agendas for the Board’s meetings will encourage partners to focus on the key priorities. Any member of the Board, or an invitee, will be able to challenge the Board to take action on a key issue.
IV. Peer Review
To evaluate its progress and achievements as well as exchange ideas and learning, the Board may choose to take up a Peer Review challenge, either as part of the LGA offer to Health and Wellbeing Boards, or provided by partners.

V. Board’s Work Programme
The Board will work to its annual work programmes developed to reflect the Board’s key priorities as specified within the Strategy.

The outcomes framework
The outcomes that the Board is aiming to achieve are set out overleaf, along with an initial list of national and local indicators it will use to measure progress. The indicators have been split into three priority categories.

National indicators have been drawn largely from the national NHS Outcome Framework (NHSOF), Public Health Outcomes Framework (PHOF) and Adult Social Care Outcome Framework (ASCOF), and reflect what has been identified within the Warwickshire Health and Wellbeing Strategy as key factors in achieving the Board’s three priorities.

Local indicators have been drawn from the Joint Strategic Needs Assessment (JSNA), and like the national indicators, reflect what has been identified within the Warwickshire Health & Wellbeing Strategy as key factors in achieving the Board’s three priorities.

Reviews
The outcomes and indicators contained within this framework will be reviewed in line with reviews of the Health and Wellbeing Strategy on an annual basis, or as indicated by the Board.
### DASHBOARD OF OUTCOMES

**Our Principles:** Independent living, Prevention and early intervention, Integration, Partnership work, Quality, Value for money, Engagement

**Key Statutory Frameworks:** Adult Social Care Outcomes Framework (ASCOF), NHS Outcomes Framework (NHSOF), Public Health Outcomes Framework (PHOF)

<table>
<thead>
<tr>
<th>PRIORITY 1: Mobilising communities to develop and sustain their independence, health and wellbeing</th>
<th>OUTCOMES</th>
<th>INDICATORS</th>
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</thead>
<tbody>
<tr>
<td>People have healthy lifestyles</td>
<td>1.1. Smoking rates in over 18s reduced (PHOF 2.14)</td>
<td>1.4. Weight in schoolchildren reduced engaging local communities in creating opportunities for physical activity (PHOF 2.06i, 2.06ii)</td>
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<td>1.2. Smoking rates at time of delivery reduced (PHOF 2.03)</td>
<td>1.5. Utilisation of outdoor spaces for exercise increased (PHOF 1.16)</td>
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<td>1.3. Rates of alcohol related hospital admissions reduced (JSNA)</td>
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<td>People are independent</td>
<td>1.6. Rates of diagnosis for people with dementia improved (NHSOF 2.6i – Being Developed)</td>
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<td>1.7. Number of people with dementia being supported in sustaining independence post diagnosis increased (NHSOF 2.6.ii – Being Developed)</td>
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<td>1.8. Number of adults with learning disability who live in their own home or with their family increased (PHOF 1.06i)</td>
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<td>1.9. Number of people using social care who have control over their daily life increased (ASCOF 1B)</td>
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<td>1.10. Number of admissions to residential and nursing homes reduced (ASCOF 2A)</td>
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<th>PRIORITY 2: Improving access to services</th>
<th>OUTCOMES</th>
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<td>People have better access to services</td>
<td>2.1. Hospital admissions reduced and discharges improved (PHOF 4.11)</td>
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<td>2.2. Patients’ access to primary care services improved (NHSOF 4.4i)</td>
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<td>2.3. Proportion of people feeling supported to manage their condition increased (NHSOF 2.1)</td>
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<th>PRIORITY 3: Public services working together</th>
<th>OUTCOMES</th>
<th>INDICATORS</th>
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<tr>
<td>Integrated/ better coordinated care</td>
<td>3.1. People’s experience of integrated care improved (NHSOF – Being Developed)</td>
<td>3.3. Proportion of children in poverty reduced (PHOF 1.01)</td>
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<td>3.2. Better Care Plans developed and delivered</td>
<td>3.4. Number of young people not in education, employment or training reduced (PHOF 1.05)</td>
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<tr>
<td>People are poverty free</td>
<td>3.5. Number of winter deaths reduced (Excess Winter Deaths, WMPHO)</td>
<td>3.6. Proportion of affordable housing increased (JSNA)</td>
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PROMOTING INDEPENDENT LIVING TASK GROUP REVIEW
DRAFT ONE PAGE STRATEGY

What is the broad topic area?
Support for independent and healthy living for older people and people with disabilities. This includes physical provision as well as activities and services to promote social wellbeing and quality of life.

What is the specific topic area?
To develop a strategic corporate approach to promoting independent living in Rugby Borough, in support of the Warwickshire Health and Wellbeing Strategy.

The review will do the following:

1. Establish what the council does already and plans to do to support the objective of promoting independent living, and develop an understanding of the council’s contribution within the wider context.
2. Identify any gaps that the council could reasonably fill, either on its own or by working with partners.
3. Develop a strategic corporate approach to promoting independent living, with clarity about the outcomes the council aims to achieve and the relative priority to be given to this aim at the borough level.

What is the ambition of the review?
That the review will establish members’ community leadership role in relation to health, act as a catalyst to stronger partnership working to support independent living and encourage inventive and innovative solutions.

How well do we perform at the moment?
District and borough councils have a pivotal strategic role in preventing the need for more expensive care and acute admissions, as well as providing services that help improve health and wellbeing.

The council’s corporate strategy contains an objective of “improved health and wellbeing for all age groups and communities.” One of the council’s corporate priorities in pursuit of this is to support independent and healthy living.

The Government’s Better Care Fund is driving an agenda of service integration and pooled budgets and the council is part of the Joint Commissioning Board that is developing a Warwickshire-wide approach in relation to the Fund. The council has also played a strategic role in the county-wide Home Improvement Agency project.

The council is engaged in a range of activities and initiatives to support independent living and promote good quality of life amongst older residents and those with disabilities. The council is also able to influence this agenda, for example through its housing, planning and sports and leisure provisions. However, there is no clear corporate agreement about this council’s role, nor is there a common approach and shared understanding with other statutory, private and voluntary sector partners about respective contributions.
Who shall we consult about the current service and about how we can improve it?
The review may include direct consultation with sheltered housing residents and Telecare
users, as well as with local representative groups. The consultation activity will be
determined once the task group has received initial briefings.

What other help do we need?
Internal officer support from Housing, Sports and Recreation, Planning and Customer
Services
Learning from national good practice

How long should it take?
Complete by the end of the 2014/15 municipal year

What will be the outcome?
An agreed corporate strategic approach to promoting independent living